

How to avoid **NANO TRICKS** in your **HALLOWEEN TREATS**

Scientists agree that nanomaterials present novel food safety risks that need toxicity testing, but very little testing has been done; there are few regulations; and there is limited information for consumers.



Many consumer products, including candies, contain nanomaterials. That's why CFS created this simple guide to help you avoid nano ingredients in candy this Halloween.

The most popular nanoparticle added to food today is titanium-dioxide, and it's used in many candies and gums.

1. AVOID

While there are many brands believed to contain nano ingredients, these have been tested and confirmed to

- ✗ M&M's (Mars)*
- ✗ Dentyne (Cadbury)
- ✗ Good & Plenty (Hershey)
- ✗ Mentos (Perfetti Van Melle)
- ✗ Trident (Mondelez International)
- ✗ Skittles (Wrigley, division of Mars)*
- ✗ Eclipse (Wrigley, division of Mars)*
- ✗ Allen's Kool Mints (Allen's, Nestle)



2. LOOK FOR

Organic foods are not allowed to contain nano ingredients. Your best bet to avoid them is to look for organic candies:

- ✓ Endangered Species Chocolate Bug Bites
- ✓ Surf Sweets Spooky Spiders, Sour Worms
- ✓ YummyEarth Organic Lollipops
- ✓ Equal Exchange Chocolates
- ✓ Go Organic Hard Candies
- ✓ Justin's Organic Peanut Butter Cups
- ✓ Amy's Organic Candy Bites
- ✓ Mini Ocho Organic Candy Bars
- ✓ Theo's Kids' Crunch organic candy bars

3. ACT

Sign our petition to Mars, the top selling candy company in the world, urging them to speed up the removal of titanium dioxide and remove all other nano ingredients!

bit.ly/nonanotricks

*Mars removing TiO2 (including nano) over next 5 years



bit.ly/nanofreehalloween



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FOOD SAFETY